



## CV Version 30.01.2024\_including Publication list

### Darya Rostam Ahmed, Clinical psychologist

Faculty of health and science, department of clinical psychology, Koya university  
Directory of health and safety at Koya university

#### EDUCATION

B.Sc. In clinical psychology, Koya university, 2017

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**M(IR):** +964 7518014159

**DATE OF BIRTH** July 20, 1993

**CITIZENSHIP** Iraqi, Kurdish heritage

**LANGUAGE SKILLS** Kurdish (native), English and Arabic (professional fluent)

#### RESEARCHER'S PROFILES

**ORCID ID:** <https://orcid.org/my-orcid?orcid=0000-0003-3987-3848>

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#### PROFESSIONAL BIOGRAPHY & SHORT SUMMARY OF RESEARCH INTERESTS

- **Current Position at Koya University:** Darya currently serves in a vital role at the Health and Safety Directorate and Research Center within Koya University, contributing to the advancement of health and safety practices in the academic setting.
- **Mental Health Consultancy with UN Agencies:** As a Mental Health Consultant for various UN agencies, Darya offers invaluable expertise and support in addressing mental health challenges within diverse populations, contributing to global mental health initiatives.

- **Clinical Practice Providing Psychotherapy:** Darya also serves as a clinician, offering psychotherapy services to both local and international clients. With affiliations with organizations such as US-based ComPsych, Darya provides vital mental health support to individuals from diverse backgrounds, employing evidence-based therapeutic approaches to address a wide range of psychological concerns. Her dedication to clinical practice ensures that individuals receive quality care and support to improve their mental well-being, both locally and across borders.
- **Assistant Editor at Global Psychiatry Archives Journal:** Darya's role as an Assistant Editor at the Global Psychiatry Archives Journal showcases his commitment to advancing psychiatric research and dissemination of knowledge in the field.
- **Co-founder of the Global Psychiatric Association:** Darya's role as a co-founder of the Global Psychiatric Association demonstrates his leadership in shaping the direction of psychiatric discourse and practice on a global scale.
- **Experience as Peer Reviewer for Prestigious Journals:** With extensive experience as a peer reviewer for reputable journals including Elsevier, Wiley, Springer, and Taylor & Francis, Darya contributes to maintaining the quality and rigor of scientific research in her field.
- **Founder of ISIS Syndrome:** Darya's identification and exploration of ISIS Syndrome as a new psychosocial disorder among ISIS affiliates highlight his innovative approach to understanding and addressing complex psychological phenomena in conflict settings.
- **Iraq Junior Ambassador for USERN:** As an Iraq Junior Ambassador for USERN, Darya actively engages in scientific activities such as research, book writing, and conferences, fostering collaboration and knowledge exchange within the scientific community.
- **Research Collaboration with George State University:** Darya's research collaboration with George State University and leads a project focusing on the Kurdish genocide, particularly examining events such as the Anfal campaign, chemical attacks on Halabja, and the persecution of Yazidi people. This ongoing initiative aims to conduct several empirical research studies investigating various aspects of these historical atrocities, shedding light on their psychological, social, neurological and cultural impacts.
- **Research Collaboration with Harvard University:** Darya's collaboration with Harvard University underscores not only his dedication to engaging with esteemed institutions but also his pivotal role in supervising research endeavors aimed at advancing understanding and interventions in critical areas such as suicide, psychopathology, and psychosocial intervention.
- **Research Focus Areas:** Darya's research focuses on diverse yet interconnected areas including cognitive neuroscience, neuropsychology, suicide prevention, psychopathology, and psychosocial intervention, contributing to a comprehensive understanding of mental health and well-being.

#### **CONFERENCES AS KEYNOTE SPEAKER:**

- 2nd and 3rd Global Psychiatric Association Conferences (2022 and 2023).
- 3rd International Conference on Research Challenges and Recent Trends in Applied and Humanitarian Science (Kumar University, Iraq).
- Conference on Suicide Prevention in Iraq co organized by IOM and Koya University (2022).
- 32nd World Congress of Suicide by International Association for Suicide Prevention in Slovenia (two abstracts accepted).
- Local scientific journals: concerns and insight for future improvement by Knowledge university in Iraq on 2018, November 27th to November 28th, 2018.
- Research workshop a Koya University, 23/1/2024 as panelist talked about how to publish in impact factor journals.

#### **RESEARCH COURSES:**

- Research Project How to be a Researcher organized by the Kscien Organization for Scientific Research from October 2018 to December 2019.
- How to Prepare a Proposal for Review Articles conducted by Elsevier over two days in November 2020, 4-hour training session on How to Publish a Paper in International Journals, facilitated by Kscien Organization for Scientific Research in September 2017.
- Psychological Research Specialization program through the American Psychological Association spanning three months starting in March 2023.
- Introduction to Systematic Review and Meta-Analysis training offered by Johns Hopkins University, comprising 13 hours of instruction in August 2022. These comprehensive courses

reflect Darya's commitment to advancing his research skills and expertise across various domains of scientific investigation.

### **SPECIALIZED COURSES:**

- Positive Psychiatry and Mental Health - Sydney University, Australia
- Clinical Psychology - Monash University, Australia
- Science of Wellbeing – Yale University, USA
- Positive Psychology (5 courses) by Martin Seligman– University of Pennsylvania, USA
- Advanced Neurobiology - Peking University, China
- Behavioral Genetics - University of Minnesota, USA
- Human Neuroanatomy - University of Michigan, USA
- Synapses, Neurons, and Brain - Hebrew University in Jerusalem, Israel

### **FULL PUBLICATION LIST**

Ahmed, D. R., & Heun, R. (2023). The prevalence of psychiatric disorders among Yazidi people results from ISIS invasion and consecutive trauma : A systematic review. *Asian Journal of Psychiatry*, 88(July), 103703.

<https://doi.org/10.1016/j.ajp.2023.103703>

Ahmed, D. R. (2023). From Holocaust to Anfal : The impact of genocide and cross-generational trauma on the mental health of Kurds. <https://doi.org/10.1177/00207640231210107>

Ahmed, D. R. (2023c). The epidemiology of self-immolation in Iraq: A systematic review. *International Journal of Social Psychiatry*. <https://doi.org/10.1177/00207640231168787>

Ahmed, D. R. (2023d). The Perspective of Psychological Action Mechanism of Mindfulness Meditation: Mindfulness Meditation Blurs the Transparent Boundary Between the Unconscious and the Conscious Mind. *Psychiatry Investigation*, 20(5), 393–394. <https://doi.org/10.30773/pi.2023.0032>

Ahmed, D. R. (2023b). Self-immolation among Kurdish Women: Causes and solutions. *Burns*, xxxx, 4–6. <https://doi.org/10.1016/j.burns.2023.05.014>

Ahmed, S. K., Dhama, K., Abdulqadir, S. O., Omar, R. M., Ahmed, D. R., Chakraborty, C., & Saied, A. R. A. (2023). The mental health of people in Turkey-Syria earthquake-affected areas needs urgent attention. *Asian Journal of Psychiatry*, 84, 103573. <https://doi.org/10.1016/j.ajp.2023.103573>

Ahmed, D. R. (2023a). From curiosity to contribution : reflections of a junior researcher on his journey into mental health research in Iraq. *Global Psychiatry Archives*, 6(1), 1–5. <https://doi.org/10.52095/gpa.2023.6210.1066>

Ahmed, D. R. (2022c). Assessment of Mental Health and Psychosocial Support Limitations , Needs , and Recommendations in Iraq. *Intervention*, 20(2), 193–194. <https://doi.org/10.4103/intv.intv>

Ahmed, D. R. (2022d). Mental Health Problems in Iraq: a Systematic Review. *Global Psychiatry Archives*, 5(1), 26–35. <https://doi.org/10.52095/gp.2022.3774.1026>

Ahmed, D. R. (2022b). A systematic review of Yazidi children and adolescents reveals high rates of mental and psychiatric disorders after the ISIS invasion in 2014. *GLOBAL PSYCHIATRY ARCHIVES*, 5(2), 119–126. <https://doi.org/10.52095/gpa.2022.5563.1059>

Ahmed, D. R. (2022e). Observation of Rare Psychosocial and Mental Health Symptoms in ISIS Psychiatric Patients: A Pilot Study Among ISIS Affiliates. *Global Psychiatry Archives*, 5(1), 64–69. <https://doi.org/10.52095/gpa.2022.4505.1042>

Ahmed, D. R. (2022a). A letter to the editor on the ISIS syndrome. *Middle East Current Psychiatry*, 29(1), 10–12. <https://doi.org/10.1186/s43045-022-00232-x>

Ahmed, D. (2022). Similar Attitudes Toward Death among Muslims and Christians in Iraq. *Global Psychiatry Archives*, 5(1), 83–89. <https://doi.org/10.52095/gpa.2022.4504.1041>